

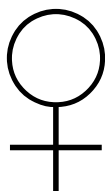
A photograph of a man and a woman at a bar. The man, on the left, is wearing a dark blue suit jacket and is looking towards the woman. The woman, on the right, is wearing a red dress and a black belt with a large silver buckle. They are both holding glasses of pink drinks with straws. In the background, a bartender in a tuxedo is visible behind the bar counter. The lighting is warm and focused on the couple.

Dear Brothers

*Dear Sisters
Listen Up!*

TREAMELL LAWRENCE
M. TRIPLETT

*Dear
Brothers*



*Dear
Sisters*

Listen Up!

Edited by Gina Ferguson

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ISBN

Acknowledgments and Dedications



I dedicate this book to my wife, Ms. April Lawrence. She has been my rock from day one. Without you there is no me and I truly appreciate you baby. I love you.

Treamell Lawrence

I dedicate this book to my wife Ms. Gina Ferguson. She has been there every step of the way. Thank you for your support baby, I love you.

M. Triplett



When a man searches for the perfect diamond, he looks for one that has the **4C's, Cut, Clarity, Color, and Carat**. The only difference when a man searches for a woman is that he must look for the **4B's, Beauty, Brains, Body and Bride-Worthy**. If you find this all in one package, like we did, make sure you bring your grown man.

This is a woman that **YOU** don't want to lose.

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INTRODUCTION

Dear Brothers, Dear Sisters,

Strong healthy relationships result in strong healthy families. Healthy families cultivate boys and girls into intelligent, responsible, and accountable men and women who will have superior family values. In today's society, strong healthy relationship numbers are low. The average couple is still figuring out how to properly love one another. This needs to change.

Many of us grew up in environments where the ideology of forming a strong relationship was not taught or discussed. This was mostly because the family was burdened with adverse conditions like single parent households, missing influential male role models and the struggle to be financially stable. Dealing with these life stresses can make it very easy for us to lose focus of building strong healthy relationships.

Going forward we must desire and learn how to manage strong successful relationships and use them as foundational building blocks of our culture; then we need to instill this cultural knowledge in our children. Time is of the essence because our children will quickly become adults and will form their own

relationships. We must act now and pass on blueprints for maintaining healthy relationships. On the surface, the success or failure of a relationship appears to relate to an individual man and woman. However, a closer look will show that the effect of each individual relationship influences the future of an entire race, culture, and people.

Treamell Lawrence and M. Triplett are here to bring a new perspective on relationship values that will help to make a transformational change that is needed to preserve the future of "family." They are calling out to you, so Dear Brothers, Dear Sisters-- Listen Up!

Sincerely,

*Treamell Lawrence
M. Triplett*

FOUR

COMMUNICATION



"I am ready to talk with my sisters so that I can change"

PHILOSOPHY

Change starts with acknowledging your flaws.

Once you've looked into the mirror and made the decision to change, you will have to push yourself beyond your comfort zone and reset your internal value system to actually make it happen. From this point your personal growth will begin. Once you break old habits and pave new pathways, new possibilities will appear and people will respond to you differently. As you address your flaws you will notice the change in both your behavior and thought process. These changes will directly impact how you 'communicate' in your personal and private relationships.

According to famous philosopher Martin Buber there are three unique levels of communication;

I-It Communication

I-You Communication

I-Thou Communication.

We will take a quick look at how these different levels of communication can have an impact on your personal relationships.

I-It

Communication

This form of communication occurs when we treat other people as objects. It is a very impersonal level of communication.

Men who use I-IT Communication in relationships invest minimal effort in getting to know women. They maintain a certain 'distance' during the initial dating phase in order to keep the relationship at surface level. In plain English men are making the following statement: "I like you, you are pretty, but I don't really want to get to know you beyond a few laughs, a few drinks and some passionate sexual interludes."

Men who use I-IT Communication only see women as sexual objects. They keep a mental database of pick-up lines ready in case they encounter women that they desire. They will do whatever is necessary to use women for sexual gratification and have no interest in getting to know anything about the hopes and dreams of the women they date.

Men who use I-IT Communication are easy to spot. You will know that you are dealing with one if you are never acknowledged as an individual. They will immediately give you a pet name such as 'Sexy', 'Shorty' and 'Ma' just to name a few. You will most likely only hear from these men during late night hours. This is the only

time they will be able to squeeze you into their very tight agenda. The time they will be able to give you is limited because they have five more women just like you on deck. They are masters at managing a 'team' of women and know just what to do in order to keep their bench rotating perfectly.

By now it should be clear that men who use I-IT Communication are not ready to commit. They are still 'sowing their oats' and purging lust and desire from their system. They will continue to do this until one of the following occur: Their testosterone reduces to a manageable level, their mentality matures and they realize that women have much more to offer than just a big butt and a smile, or they have a spiritual awakening that changes how they view, interact and deal with women.

Classy women are turned-off by men who use I-IT Communication and can sniff them out from a mile away. If you are looking for a thrill ride or fling, these are the men you want to deal with. If you are looking for a relationship, run the other direction when you see one of these men approaching.

I-You

Communication

Unlike I-IT communication, this form of communication occurs when we treat other people with more value than just being an object and appear to acknowledge them as unique individuals. However, this is done with underlying motives.

Men who use I-YOU Communication in relationships have a hidden agenda. They put just the right amount of effort and give just the right amount of attention to women in order to trick them into a one-sided relationship. They use a three phased approach in order to achieve this goal.

In the first phase they make women feel valued. They do this by complementing them, praising them, and spending as much time with them as possible.

In the second phase they make women feel comfortable enough to let their guard down. They do this by pretending to genuinely care about the hopes and dreams of the women they are pursuing. This is done in order to lull the women into a false sense of security.

In the third phase they deliberately make themselves less available by reducing the time they once reserved for the relationship. It is at this point that women realize that they now have to work in order to get personal relationship time. This is a drastic change from phase one where they were getting attention almost twenty-four hours a day, seven days a week. The entire goal of phase three is to make women psychologically feel like they are experiencing separation anxiety so that they are forced to become the relationship bridge. If they don't hold everything together, their falsely validated relationship will collapse to nothing.

Men who manipulate women in this manner are called professional persuaders. They are experts in setting traps of this kind on unsuspecting women. The trap always works because these persuaders know that on a whole, women have to deal with being pursued by thirsty, disrespectful men. When a professional persuader arrives on the scene women are thrilled to see him because he shows them something new, but the

reality is that the persuader hypnotizes and draws them into relationship webs that are spun from lies and deceit. Once a woman's relationship security and dependency is established, the trap is set!

Men who use I-You Communication are not easy to spot. They have chameleon-like ability and are very deceptive. They use very inviting language that women long to hear. They freely give compliments and praise. You may hear them says things like "You are sooo good at that!" or "Wow! You made that look so easy." Women must be very careful with these types of men and must be perceptive in order to feel out their intentions. Always trust your instincts and never second guess yourself. The roads out there are slick, so drive cautiously.

I-Thou Communication

This form of communication occurs when we treat other people like we want to be treated and legitimately respect and value them as unique human beings.

According to philosopher Martin Buber this is the highest form of human dialogue. Men who use I-THOU Communication in relationships have genuine intentions and enjoy mental stimulation with women. When men communicate on this level they want to build quality relationships.

Men who use I-Thou communication usually have a personal life outside of their relationships; however, quality time with the woman they desire, remains their first priority. These men unconditionally treat their women like queens. They are not

petty or jealous and they trust their women to the fullest. They are strong men who are not afraid of strong women. They are not insecure and don't get intimidated if a woman makes more money than they do. They are true team players and will do everything they can to elevate their women. These men understand the true definition of teamwork and know that when men and women support each other that it will only strengthen their bond.

Men who use I-THOU Communication can be difficult to distinguish from men who use I-YOU Communication, but if you pay close attention and watch for inconsistencies you can do it.

For example, it is a known fact that it is easier to remember the truth than it is to remember a lie, so you will find that the I-THOU Communicator will be much more consistent. Also, his compliments will feel genuine instead of forced and faked as with the I-YOU Communicator. He will truly make an effort to remember your name and he will prioritize his time with you. His main objective will be to really get to know who you are without pressuring you to quickly move into the bedroom.

Ladies, these men do exist. Our advice to you, is to make sure you are ready when HE appears in your life and picks YOU.

THE NEW YOU IS STILL YOU – EMBRACE IT

Wesley Anderson grew up in the projects of New Haven Connecticut. He was mostly surrounded by people who had no vision and who were not focused on bettering themselves. Almost all of the people in his family, friends in his neighborhood and residents in his community were unable to escape the hardship they endured.

As a young man Wesley watched the social dysfunction that surrounded him and he also saw it on reality television shows. Being around unambitious adults, Getting bombarded with peer pressure and receiving bad information were all Wesley was exposed to day in and day out. Under these circumstances it was inevitable that Wesley would become a product of his environment.

As he grew into a young adult, Wesley wholeheartedly embraced and imitated the behaviors he recognized to be normal. When it came to women, he only knew what he had seen growing up. He had seen his dad, his friends and reality show personalities use deceitful tactics in order to juggle several women at a time. Wesley followed what he was taught and imitated his teachers.

Unfortunately, because of his misinformed knowledge of women, every one of Wesley's relationships was a fling. His immaturity and his lack of emotional control made him unable to handle arguments and caused him to be controlling and insecure.

As Wesley matured he started to meet people who were in amazing relationships. He also met people who were goal-oriented, who were ambitious, and who had media literacy. This exposure to positive, successful relationships and behaviors helped Wesley to dramatically change his perspective on women.

Wesley now understood that only desperate men beep their car horn at women or turn their vehicle around to speak with women who are walking down the street. He no longer had emotional outbursts or initiated petty arguments. Wesley finally realized that being from the hood doesn't mean that he had to act like it. Once Wesley made these new discoveries and realizations, he began to transform himself into a Millennium Gentleman. A Millennium Gentleman is a man who is open-minded, polite and respectful even if he disagrees with someone. He is a man who has a backbone and refuses to be disrespected. He will not compromise his values or integrity under any circumstances and he will put in the effort to pursue a woman as long as there is mutual interest.

Wesley is still from the projects of New Haven but his behavior has been cultivated and his intelligence and maturity have bloomed. He still demands respect, but he now knows that it is ok to give respect when it is due. Become a Millennium Gentlemen like Wesley did and you too will be a rare diamond within a pile of thirsty rocks. Once you transform, watch the women line up with the hope that you will pick them.

SEXY HOOD SONNET



Sister to Sister

*Can I talk to you girl?
Sure girl what's up
You my girl and I love you
So I'm here to clear some things up
Don't hate me when I'm done
But enough is enough
I see you dealing with these men
And you always love first
Things last a short time
And you always end up hurt
I care about you too much to let things stay the same
So I'm jeopardizing our friendship to help you change
You were too accessible, too subservient*

JUDGMENT

*And way too nice
When they dumped you, you would call me
And I would see you pay the price
Then you got mad and you made a switch
You were always gone, demanding
And just a mean ass bitch
They had treated you bad
So now that's how you treated them
But you lost yourself in the process
I had lost my friend
I'm not here to pass judgment, but I do bring the truth
I want you to find your middle ground and recover you
You're a treasure
Beyond measure
And you want pleasure
In your life
Not for a moment
But forever*

About the Authors



Treamell Lawrence is a personal relationship blog writer enthusiast who lives in Middletown Connecticut. He has been delivering relationship knowledge as a blog writer since 2014. His blog site mymajicpen.com has 17,000 followers who regularly seek to learn and grow from his relationship advice. Blog followers and Facebook fans alike can easily recognize the wisdom and advice quotables from Treamell since his deep, thoughtful, and therapeutic advice is always delivered using his unique Dear Brothers, Dear Sisters brand. You can read Treamell's thoughts and advice in his upcoming March 2017 publication of Dear Brothers, Dear Sisters—Listen Up! **Contact Info: Facebook: Treamell Lawrence Blog: mymajicpen.com**



M. Triplett is a mentor, author, tutor and humanitarian who currently lives in Tempe Arizona. He is the author of the autobiography, *Perforated Fiber* and the controversial novel on racism and police brutality, titled *The Good The Bad and the Blue*. Through most of his life M. Triplett faced challenging circumstances and had no mentor or guidance for support. Through deep thinking, isolation and self-reflection, he was able to redefine himself as a role model for At-risk youth and troubled teens. The lessons that he has learned in life and his love for writing has made him fortunate to partner with personal relationship guru Treamell Lawrence to publish his third book—the relationship knowledge guide titled *Dear Brothers,*

Dear Sisters—Listen Up! The book is scheduled to release by March 2017. **Contact Info: Facebook: Perforated Fiber, Email: contact@perforatedfiber.com**

Mo and Mel host a monthly internet-talk show “Relationship Straight Talk” where they discuss relationship dynamics. They mainly encourage people to value their worth and how to use effective communication which in turn creates healthier relationships. In today’s society, strong healthy relationship numbers are low and the purpose of their show is to reverse this trend. The average couple is still figuring out how to properly love one another. They want to help to change this.

The Relationship Straight Talk

Mission Statement

Mo and Mel post thought provoking relationship topics on social media and they host a live show to help people address their own issues. They also, want to help improve media literacy and want to stress the importance of long-term companionship.

The Relationship Straight Talk

Vision Statement

Mo and Mel want people to embrace loyalty and have healthier relationships. They want people to change their mindset and grow globally. In other words, they know that changing how you are, doesn’t change who you are. For example, Mo and Mel both come from the hood but they each grew beyond that environment, but this did not change who they were. They emphasize that long-term companionship benefits individuals more than short-term flings and that long term relationships support healthier environments for children.

Mo and Mel also hold speed dating events to help bring quality singles together. They know that in this day in age that one of the biggest challenges many singles face, is not knowing who wants to be in a serious relationship and who just wants to date casually. With their knowledge of relationships, they hand select serious individuals who are looking for love and want to embrace it.